



TARGETED CASE MANAGEMENT  
OF KANSAS

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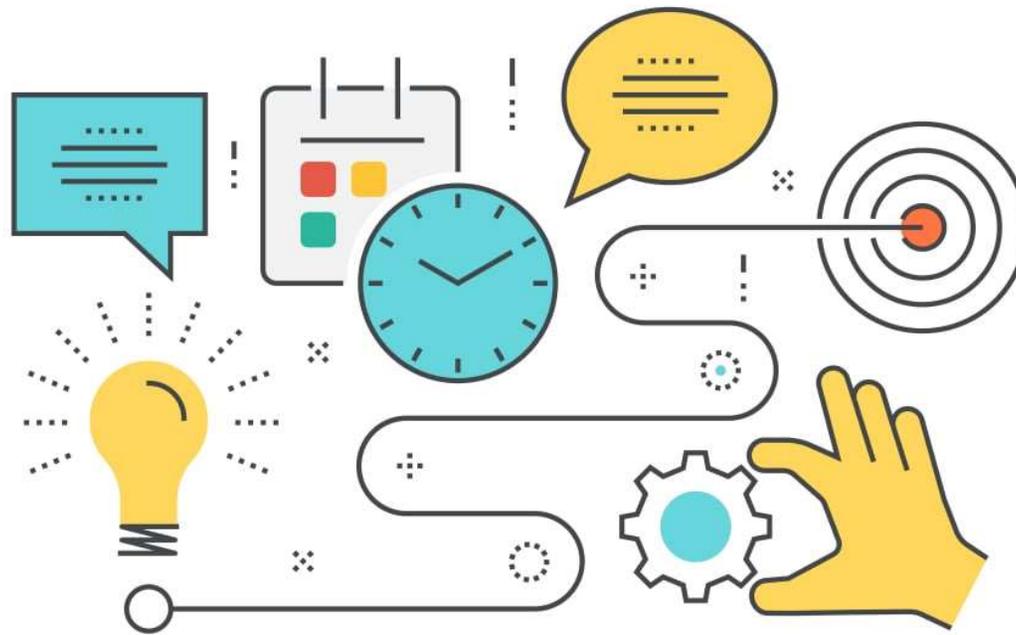
# Targeted Case Management in Long-Term Services & Supports 101

*WHAT YOU NEED TO KNOW NOW,  
TO PREPARE FOR TOMORROW IN THE ADULT SERVICES WORLD.*

# Agenda

- ▶ Adult Service Alphabet Soup! (handout)
- ▶ Brief overview of Home & Community Based Services Waivers
- ▶ Brief overview of the County Developmental Disability Organizations or Regional Offices
- ▶ I/DD Eligibility (before age 18 and after age 18)
- ▶ Services Available and Accessing Services
  
- ▶ BRIEF QUESTIONS – WHERE ARE YOU IN THIS PROCESS?
  - ▶ Name /contact information is optional

Where are you in the process?



## WHAT IS HCBS?

The HCBS waiver program is authorized under Section 1915(c) of the Social Security Act. Through the HCBS waiver program, a Medicaid beneficiary can receive a wide range of services designed to allow the individual to live in their home or community rather than receive institutionalized care.

Reimbursed by the State Medicaid Program

\*\*medical vs. service

A brief history.



## WHAT IS TARGETED CASE MANAGEMENT?

- ▶ The Targeted Case Manager (TCM) plays a role in the IDD Program that directly affects the health and welfare of IDD participants and their ability to live independently in their homes/communities. However, that role is limited by CMS guidelines.
- ▶ Case management consists of services which help beneficiaries gain access to needed medical, social, educational, and other services. This includes primary care case management, which cannot be provided by a targeted case manager.
- ▶ “Targeted” case management services are those aimed specifically at special groups of enrollees such as those with Intellectual/developmental disabilities or chronic mental illness.

# COORDINATION OF CARE

## **TCM**

- ▶ Assessment
- ▶ Development of the Person-Centered Support Plan
- ▶ Information & Referral to resources
- ▶ Monitoring and Follow-up

## **Care Coordination**

- ▶ Needs & Health Assessment
- ▶ Plan of care and integration of services into a plan
- ▶ Authorizing services and providers
- ▶ Evaluation and monitoring of service utilization

# HCBS – I/DD Waiver Fact Sheet

Purpose: provides Medicaid waiver funded services for individuals with I/DD who require extensive supports (within or outside the family home) to live safely within the community and who do not have other sources for meeting those needs. The level of support and supervision provided to the individual in each setting is based on individual need determined through assessment.

Social Security Act 1915(c) of Social Security Act, Home & Community Based Services

Who: those with an intellectual disability (by age 18) or developmental disability diagnosis with onset prior to age 22. Must meet functional eligibility criteria initially and through annual reassessment.

Waiting List:

Kansas: 9.5 years (September 2017 applications processed)

Financial: Partly funded by federal CMS – States make up the rest.

## WHAT IS ID ELIGIBILITY

### Intellectual Disability

- ▶ A diagnosis of intellectually disabled made by a **healthcare professional** that is licensed to make a DSM-5 diagnosis
- ▶ Intellectual Disability is defined as:
  - ▶ A substantial limitation in present functioning;
  - ▶ Which manifests during the period from birth to 18 years of age;
  - ▶ Is characterized by significant sub-average intellectual functioning existing concurrently with deficits in adaptive behavior including related limitations in two or more of the following applicable adaptive skill areas.

## WHAT IS DD ELIGIBILITY

### Developmental Disability :

- ▶ Is a severe, chronic physical or mental impairment or a condition which has received a dual diagnosis of intellectual disability and mental illness; and
- ▶ Is attributable to a mental or physical impairment or a combination of physical and mental impairments; and
- ▶ Manifests before the age of 22; and
- ▶ Is likely to continue indefinitely; and
- ▶ Results in substantial functional limitations in three or more areas of self care
- ▶ Developmental Disability **does not include** individuals who are solely severely emotionally disturbed or seriously and persistently mentally ill or have disabilities solely as a result of infirmities of aging.

## DD ELIGIBILITY BEFORE AGE 18

- ▶ Children with a Developmental Disability
- ▶ A child with a developmental disability applies to children under the age of six and includes the following criteria:
  - ▶ Is attributable to a mental or physical impairment or a combination of mental and physical impairments; and
  - ▶ Is likely to continue indefinitely; and
  - ▶ Results in at least three (3) developmental delays as measured by qualified professionals using appropriate diagnostic instruments or procedures and

# DETERMINATION & SERVICES - KANSAS

- ▶ After eligibility determination (Application & MFEI assessment), the waitlist clock starts (currently 9.5 years).
- ▶ You always have CHOICE!
- ▶ When funding for services are offered there is another eligibility determination, Medicaid Title XIX application, and then access to services:
- ▶ Before age 18:
  - ▶ Services available: Targeted Case Management, Personal Care Services, Overnight Respite, Supportive Home Care, Specialized Medical Care, Assistive Services, Children's Residential Supports
- ▶ After age 18:
  - ▶ Services available: Targeted Case Management, Personal Care Services, Overnight Respite, Supportive Home Care, Specialized Medical Care, Day Supports, Adult Residential Supports, Supported Employment

# SERVICES

- ▶ No Duplication of Services
- ▶ Personal Care Services – generally medically or self-care oriented tasks provided as an alternative to nursing facility care
  - ▶ PCS/PCA)
- ▶ Residential Services
- ▶ Day Support Services
- ▶ Overnight Respite
- ▶ Targeted Case Management

# SO WHAT NOW...PAPERWORK!

Apply for HCBS I/DD waiver Eligibility

Private Pay Options

Plan for “tomorrow”

- Get a **Targeted Case Manager** – assists a person in gaining access to medical, social, educational and other services.

Get Organized! – LOTS of paperwork

- CDDO
- KanCare/Medicaid
- Social Security
- Vocational Rehabilitation
- Transportation
- Medical Dx

Some weird things to be aware of....

# TIMELINES & ACTIONS

- ▶ Early Stages – Before age 8
  - ▶ Contact your Community Developmental Disability Organization
- ▶ Ages 10 -15
  - ▶ Transition planning
  - ▶ Financial Planning/ABLE Account/Special Needs Trust
- ▶ Ages 16 – 18
  - ▶ Vocational Rehabilitation Services (Pre-ETS while in public school)- Employment
  - ▶ Think about Supported Decision Making, Durable Power of Attorney, or Guardianship
  - ▶ Think about Post-Secondary education
  - ▶ Build community connections for adulthood
  - ▶ Obtain state ID

## TIMELINES & ACTIONS – ages 18 - 19

- Apply for Social Security Benefits  
<https://mo.db101.org/video/benefits/>
  - SSI
  - SSDI
- Apply for Medicaid
- Inquire about adult services and supports from community agencies
- Transition of medical providers to adult providers begins



# Kansas Info and Resources

CDDO Website for Johnson County =

- ▶ <https://www.jocogov.org/dept/cddo/home>

CDDO Handbook

- ▶ <https://www.jocogov.org/sites/default/files/documents/CDDO/CDDO%20Handbook%2011-5-19.pdf>

Applying for Medicaid/KanCare

- ▶ <https://kancare.ks.gov/consumers/apply-for-kancare>

JCMH =

- ▶ <https://www.jocogov.org/dept/mental-health/home>

Vocational Rehabilitation Services =

- ▶ <https://www.dcf.ks.gov/services/rs/pages/employment-services.aspx>

SNAP – Food Assistance/Food Stamps =

- ▶ <http://www.dcf.ks.gov/services/ees/pages/food/foodassistance.aspx>



QUESTIONS?



Sarah Wren Otto, M.Ed.; MPA  
Managing Director of Services  
Targeted Case Management of Kansas, LLC  
913-229-3643  
[Sotto@tcmsks.com](mailto:Sotto@tcmsks.com)  
[www.tcmsks.com](http://www.tcmsks.com)



THANK  
YOU!