

THE SHAPE OF JOY

ONLINE COURSE



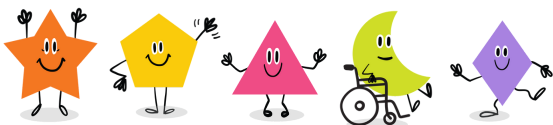
playabilities
FOR SENSATIONAL KIDS

WHAT YOU'LL LEARN

- Foundations of Neuroaffirming Care:** Learn about recognizing your child's unique wiring in a strengths-based and solution-oriented way.
- Practical Tools & Strategies:** Learn about the 5 key areas that can influence your child's unique nervous system, impacting their thoughts, feelings, and behaviors.
- Capacity Zones:** Discover the concept of capacity zones and learn what parenting strategies are most impactful when connecting with your child in each zone.
- Build Connection & Resilience:** Learn concepts to better understand your child and help them navigate difficult moments in life more effectively.

WHO IS IT FOR?

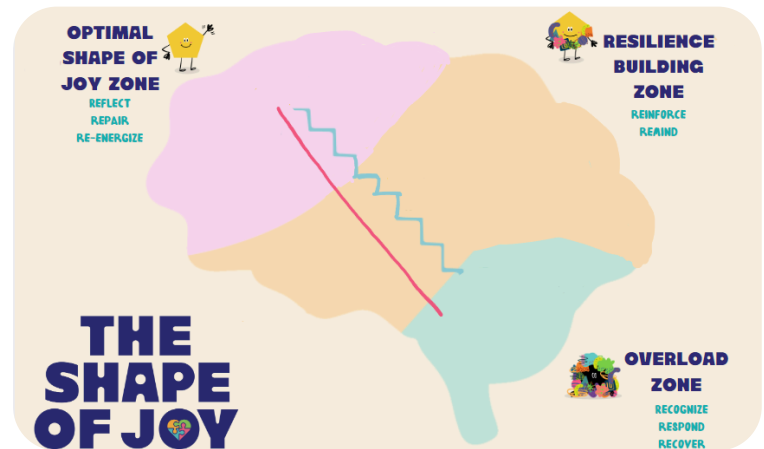
- Parents and caregivers looking for tools to better understand and support their child, especially in regards to emotional regulation strategies.
- Educators and therapists seeking fresh, engaging strategies and a deeper understanding of neuroaffirming care.
- Anyone wanting to understand children's unique "shapes" and help them shine.



WHAT'S INCLUDED?

- Video Lessons:** Engaging and easy-to-follow modules.
- Downloadable Resources:** A dense accompanying handbook that includes handouts and guides to support application of concepts taught in the course.
- Practical Application:** Real-life examples illustrating how the 5 key influences and different capacity zones influence our daily lives.

CAPACITY ZONES



5 KEY INFLUENCES

